



How did Big Boss 3 happen for you?

I really have no clue. I am nutritionist and fitness expert for Chembur golf club as well as for the corporate Tata AIG. Some of my clients might have spoken about me. I really don't know how it happened. In the month of Sep-

Food boss

FOOD PLAYED A MAJOR ROLE IN THE JUST ENDED *BIG BOSS 3*, WITH A LOT OF DISCUSSION REVOLVING AROUND FOOD. **SUJATHA SUBRAMAN** CATCHES UP WITH 26-YEAR-OLD **KAJAL D THOSANI**, CHEMBUR RESIDENT, WHO WAS NUTRITIONIST FOR THIS SHOW

tember, I got a call from Endemol Production house for a meeting. Next I knew that I was selected.

What was the experience like for you?

Big Boss was a big show and in that sense it was a big deal. Meeting Big B—Amitabh Bachchan was like a dream come true. He was a very down to earth and humble person. He was also very punctual on the sets. The experience is something I will always cherish.

What was your biggest challenge on the show?

I had to plan out to kinds of meals — one was the basic food and the other was luxury food which included items like cakes, chocolates and non vegetarian food. Owing to several restrictions in the house, most of the contestants were prone to mood swings and even acidity due to the endless cups of tea consumed by them. Some were allergic to certain types of food so I had to plan accordingly keeping

their tastes and medical history in mind.

Did you have any memorable moments during the show?

Plenty of them, but there is one particular instance which I recall. Rohit Verma was upset, moreover his birthday was approaching so to lift up his spirits we send across a box of his favourite Bengali sweet, *chum-chum* as a surprise gift which made his day.



A few contestants complained of stomach ailments during the show. Comment.

I don't agree. Apart from some minor problems like acidity, there was no major health issue. In fact, Poonam Dhillon was a great cook who dished out tasty meals in the house. Aditi Gowitrikar was also considered as the best *dal* maker.